

Tonight's dress code:

Evening Casual Smart dark denim or trousers and a nice top, open-neck shirts, skirts and dresses (but no tracksuits, football shirts or trainers please).





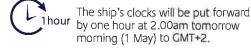
Welcome

We're thrilled to have you on board our newest ship. Arvia was designed to make the most of the sunshine and there are so many spots where you can enjoy the tropical climates of the regions she sails to.

The infinity pool, the swim-up bar, the Altitude minigolf course, the Splash Valley aqua zone and of course SkyDome, with its retractable roof.

So, whether you choose to join in exciting activities or simply relax with a good book (or a great cocktail!), you can enjoy amazing holiday moments while soaking up those golden rays.

Holidays as varied as you



Holiday Your Way With My Holiday

Have you heard about My Holiday, the free and convenient way to make and manage your bookings on board? It's a great way to make your dining reservations, or you can even join a virtual queue that will let you know when your table is ready. My Holiday is perfect for arranging your entertainment and shore experiences too. And you'll find spa treatment menus, bar menus and more here, all at a glance.

Here's how to connect to My Holiday: Simply turn your phone to airplane mode, connect to the ship's network via P&OCruises_Guest_WIFI then head to myholiday.pocruises.com

Please note any event containing this symbol should be booked via My Holiday or by dialling 7070. Visit My Holiday Assistance from Noon-7.00pm in the Atrium (Decks 6 & 7) Midship for more information and to help you connect.



Join us for an introduction to the range of relaxing therapies offered and enter our raffle for a chance to win up to £250 worth of Spa Credit. Our loyalty package offers terrific discounts. Choose three signature treatments and receive 10% off your first, 20% off your second and 30% off your third.

Noon-8.00pm Oasis Spa (Deck 6) Forward

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Vocal Group - The Voxens

The Voxens combine styles, talent and drive to perform epic numbers with a unique twist. This sensational act has performed worldwide from New York to The Albert Hall and performed back up for major recording artists.

7.30pm, 9.00pm & 10.30pm SkyDome (Decks 16 & 17) Midship



Comedy Juggler - Jon Udry

There are jugglers. There are comedians. And there is Jon Udry. Jon combines the two to such a brilliant effect that his unique performance has his audience roaring with laughter from entrance to the final curtain.

8.30pm & 10.30pm Headliners Theatre (Decks 6 & 7) Forward



Introducing Your Captain...

Captain Robert Camby

Captain Robert Camby was born in London and introduced to sea by his father who served in the Royal Navy. At 13, he won a music scholarship for piano and violin to St. John's School in Surrey, which was no surprise, as his maternal grandfather, the late Johnny Douglas, was the highly acclaimed film music composer of 'The Railway Children,' amongst others. He began his sea career at South Shields, Nautical College as a cadet with P&O Princess Cruises in 1995, sailing on Canberra. He gained his masters ticket in 2003, and in 2005 he was appointed as navigator to Cunard's Queen Mary 2, and appointed Deputy Captain in 2008. He is a member of the

Honourable Company of Master Mariners, The Lord's Taverners and is a Freeman of the City of London. In December 2011 he was promoted to Captain and has commanded Oceana, Oriana, Aurora, Azura, Arcadia, Ventura, Queen Mary 2, Queen Victoria, Britannia and Iona. He is delighted to have been asked to be the inaugural Captain of Arvia and Iooks forward to welcoming you all on board. He lives in Warwickshire with his wife Danielle and their sons Austin and Jenson.



Welcome aboard! Make the most of your holiday

using My Holiday, the free on-board planner



Make dining reservations



Book a show, activity or shore experience



View your on-board account



the children's club

To get started, switch to airplane mode and connect for free to P&OCruises_Guest_WIFI

Then visit myholiday.pocruises.com



From Noon - MEET THE SPA SPECIALISTS

Whether it's Acupuncture and how Chinese herbs can help relieve common ailments, how to look your absolute best with the latest in skincare re-juvenation techniques or even how to lose those extra pounds and focus on health and wellbeing we have someone available for you. Come and see...

- Dr Luis Medi-Spa Physicián
- Dr Bose Acupuncturist
- Joao, Dimi & Vikek Personal Trainers

Oasis Spa (Deck 6) Forward

1.00pm-1.45pm – COCKTAIL PIANIST - GABRIEL Afternoon melodies from Gabriel. Amber Lounge (Deck 6) Midship

2.00pm - LIVE PREMIER LEAGUE FOOTBALL

Come along & enjoy coverage of today's live Premiership football: Fulham v Manchester City (Satellite reception permitting. Matches is subject to change by provider) Brodie's (Deck 7) Forward

2.00pm-2.45pm - PIANO VOCALIST - ELENA SAFONOVA Relaxing afternoon melodies with Elena at the piano.

Amber Lounge (Deck 6) Midship

3.00pm-3.45pm - COCKTAIL PIANIST - GABRIEL Music at the heart of the ship with Cocktail Gabriel. Amber Lounge (Deck 6) Midship

4.00pm-4.45pm - COCKTAIL PIANIST - GABRIEL Sit back, relax and enjoy some all-time musical favourites from our cocktail pianist Gabriel.

Amber Lounge (Deck 6) Midship

4.30pm - ANTI-AGING SOLUTIONS

Anti-aging solutions for both men and women by Dr Luis. Learn more about the latest in facial treatments to reduce the appearance of facial wrinkles. Now available at Oasis Spa. Oasis Spa (Deck 6) Forward

4.30pm - LIVE PREMIER LEAGUE FOOTBALL

Come along & enjoy coverage of today's live Premiership football: Liverpool v Tottenham (Satellite reception permitting. Matches is subject to change by provider) Brodie's (Deck 7) Forward

5.00pm - WALK-IN BACK PAIN CLINIC

Learn how posture and body alignment can affect your back. We will share some simple techniques to help improve your posture, protect your back, and relieve a number of chronic or acute conditions including lower back, knee, hip and foot pain. Oasis Gym (Deck 5) Forward

6.00pm-6.45pm - SAIL AWAY SOUNDS WITH GABRIEL Live melodies on the piano from Gabriel as we sail away. Amber Lounge (Deck 6) Midship

6.00pm-6.45pm - SAIL AWAY SOUNDS WITH ELENA SAFONOVA Live melodies from the room with a view. The Crow's Nest (Deck 17) Forward

6.30pm-8.00pm - MEET YOUR CASINO HOST

Our Casino Host Rebecca will be available for any questions you may have. Learn about upcoming Casino events and collect your free ticket for tomorrow night's exciting Casino raffle. Casino (Deck 7) Forward

7.00pm - THE 710 CLUB - SUPERGROUP SOUND

The 710 Club are limited. Please book in advance using My Holiday. Make sure you arrive before the performance begins to guarantee your booking - as seating is first come, first served. The doors will open half an hour before the performance starts, so order a drink and enjoy the live music experience. The 710 Club (Deck 6) Midship

7.00pm-7.45pm - LIVE MUSIC WITH ERIN COLLINS Welcome aboard music with our resident Busker. Brodie's (Deck 7) Forward

7.30pm - VOCAL GROUP - THE VOXENS See front page for details. SkyDome (Decks 16 & 17) Midship

7.30pm-10.00pm - £5,000 MEGA-JACKPOT BINGO TICKETS

Buy your Bingo tickets tonight and get 3 extra chances free to win the Mega-Jackpot on tomorrow's Bingo when you purchase 'Canoe for Two' or 'Dive Right In' packages. Additionally, purchasing 'Canoe for Two' will get you a free £2 Scratch Card. Avoid the queues and get your tickets early.

Casino (Deck 7) Forward

7.45pm-8.30pm - COCKTAIL PIANIST - GABRIEL Enjoy a tipple and a tune to the sounds of Cocktail Pianist Gabriel.

Amber Lounge (Deck 6) Midship 8.00pm-11.45pm - PURE POP WITH PARTY BAND, PULSE

See back page for details The Club House (Deck 8) Aft

From 8.00pm

8.00pm - BRODIE'S CHALLENGE

A pre-dinner or pre-show quiz with the Entertainment Team to get you ready for this evening's events. Brodie's (Deck 7) Forward

8.30pm - COMEDY JUGGLER - JON UDRY

See front page for details.

Headliners Theatre (Decks 6 & 7) Forward

8.45pm - THE 710 CLUB - SUPERGROUP SOUND See 7.00pm for details.

The 710 Club (Deck 6) Midship

9.00pm - VOCAL GROUP - THE VOXENS See front page for details.

SkyDome (Decks 16 & 17) Midship

9.00pm-9.30pm - SEDUCTIVE SPANISH SOUNDS

Sit back and relax with an evening tipple and the very best of Španish music. If you close your eyes, you could almost believe you're there...

Amber Lounge (Deck 6) Midship

9.15pm-10.00pm - PIANO VOCALIST - ELENA SAFONOVA

Music at the top of the ship with Elena Safonova.

The Crow's Nest (Deck 17) Forward

9.30pm - BIG PUB QUIZ

Join one of your Entertainment Team and test your knowledge in this fun pub quiz.

Brodie's (Deck 7) Forward

9.45pm-10.15pm - SEDUCTIVE SPANISH SOUNDS

See 9.00pm for details.

Amber Lounge (Deck 6) Midship

10.15pm-11.00pm – PIANO VOCALIST - ELENA SAFONOVA Elena Safonova is back at the piano with more of your favourites.

The Crow's Nest (Deck 17) Forward

10.30pm - COMEDY JUGGLER - JON UDRY See front page for details.

Headliners Theatre (Decks 6 & 7) Forward

10.30pm - VOCAL GROUP - THE VOXENS

See front page for details. SkyDome (Decks 16 & 17) Midship

10.30pm - THE 710 CLUB - SUPERGROUP SOUND

See 7.00pm for details.

The 710 Club (Deck 6) Midship

10.30 m-11.00pm - THE LIMELIGHTS As we unlock the doors for late night Limelight, join our amazing band as they change up the atmosphere with live music to boost your energy. No bookings are required.

The Limelight Club (Deck 6) Forward

10.30pm-11.00pm - SEDUCTIVE SPANISH SOUNDS See 9.00pm for details.

Amber Lounge (Deck 6) Midship

10.30pm-11.00pm - LIVE MUSIC WITH ERIN COLLINS

Music with resident Busker, Erin Collins.

Brodie's (Deck 7) Forward

11.15pm-Midnight - THE LIMELIGHTS

See 10.30pm for details.

The Limelight Club (Deck 6) Forward

11.15pm-Midnight - LIVE MUSIC WITH ERIN COLLINS

Late night acoustic sounds with Erin Collins.

Brodie's (Deck 7) Forward

11.45pm-Late - LATE NIGHT AT THE CLUB HOUSE

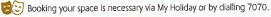
After an evening of entertainment the lights turn down and the fun continues into tomorrow. Let the late night DJ rock you as you step into The Club House after-hours party. The Club House (Deck 8) Aft

12.15am - THE 710 CLUB - SUPERGROUP SOUND

See 7.00pm for details.

The 710 Club (Deck 6) Midship







CHILDRENS CLUB REGISTRATION

Calling all families travelling with children and teenagers up to 17 years who wish to use the Children's Clubs and are yet to register, please come along to The Reef (Deck 17) Aft to register and find out more about our fantastic facilities.

2.00pm-5.00pm & 6.00pm-8.00pm

There is no need to attend The Reef if you have registered prior to boarding, all information will be sent to your cabins.



Restaurant Opening Times

Dining has never been easier. Log into My Holiday to make your dining reservations for today. If you're in a virtual queue, please don't leave the web page or switch on your data as this may cause you to lose your place in the queue and not receive a 'table is ready' notification.

Inclusive Dining

Horizon Restaurant (Deck 16) Aft

Lunch	Noon	- 5	.00pm
Dinner	5.30pm		.30pm
Late Night Snacks	11.00pm	- 1.	30am
Taste 360 (Deck 16) Midship	Noon	- 7	.00pm
The Quays (Deck 8) Aft	Noon	- 9	.30pm

Join the virtual queue using My Holiday for the four below venues. You can also book a table between 5,30pm-6,00pm.

Meridian Restaurant (Deck 6) Aft	5.30pm	-	9.30pm
Zenith Restaurant (Deck 7) Aft	5.30pm	-	9.30pm
The Olive Grove (Deck 6) Aft	5.30pm	-	9.30pm
6th Street Diner (Deck 6) Aft	5.30pm	-	9.30pm

Speciality Restaurants

Join The Virtual Queue Using My Holiday

The Keel and Cow (Deck 8) Atrium*	Noon	- 9.30pm
The Glass House (Deck 7) Atrium *	Noon	- 11.00pm

Booking Required Using My Hoiliday

Green & Co feat. Mizuhana (Deck 8) Aft"	5.30pm		9.30pm
Sindhu (Deck 8) Midship*	6.00pm	8	9.30pm
Epicurean (Deck 17) Forward*	6.00pm	•	9.30pm
The Limelight Club (Deck 6) Forward*	7.00pm		Midnight
Ripples (Deck 8) Midship*	Noon	-	9.30pm
Sundaes (Deck 16) Midship*	Noon	-	11.00pm
Room Service* - Dial 5000	Availal	ble 6	ma00.5

^{*}Charges/Cover Charges apply.

Bar Openina Times

The Glass House (Deck 7) Atrium	11.00am	- 11.00pm
The Keel and Cow (Deck 8) Atrium	11.00am	- 11.00pm
Beachcomber Bar (Deck 18) Forward*	Noon	- 6.00pm
Panorama Bar (Deck 18) Aft*	Noon	- 6.00pm
Sunset Bar (Deck 8) Aft*	Noon	- 7.00pm
Vistas Café Bar (Deck 6) Atrium	Noon	- 11.00pm
The Glass House (Deck 7) Atrium	Noon	- 11.00pm
Sindhu Bar (Deck 8) Midship	Noon	- 11.00pm
Crystal Bar (Deck 16) Midship	Noon	- 11.00pm
Laguna Bar (Deck 16) Midship	Noon	- 11.00pm
Infinity Bar (Deck 16) Aft	Noon	- 11.00pm
Amber Lounge (Deck 6) Atrium	Noon	- 12.30am
Sky Bar (Deck 17) Midship	1.00pm	Midnight
Brodie's (Deck 7) Forward	1.00pm	→ 1.00am
The Crow's Nest (Deck 17) Forward	5.30pm	 Midnight
Anderson's Bar (Deck 6) Midship	5.00pm	- 11.00pm
The Club House (Deck 8) Aft	7.00pm	 Late Night
The 710 Club (Deck 6) Atrium	7 <mark>.30pm</mark>	- 12.45am
The Limelight Club (Deck 6) Forward	10.30pm	- 11.30pm

All bars are proud to serve Costa coffee.

Guests under the legal drinking age will not be served alcoholic beverages nor are they to consume alcoholic beverages. Please understand that you may be requested to show proof of age.

Shipboard Services

Reception (Deck 7) Midship is open 24 hours a day and can be contacted by dialling 7070 from any of the ship's telephones.

My Holiday Assistance Podiums - Grand Atrium (Deck 6 & 7) Midship Noon-7.00pm

My Holiday Assistance Line - Dial 7070 from any of the ship's telephones. Noon-7.00pm

Medical Centre - Please dial 8880 to make an appointment. The appointment line is available 8.00am-9.00am & 4.00pm-5.00pm For any medical emergency, please dial 999.

Voicemail - If you have a red light on your cabin phone, you can listen to your message by dialing 9801.

Discover More On Board

Swimming Pools

Noon-8.00pm (SkyDome Pool closes at 7.00pm)

Whirlpools

Noon-8.00pm

Oasis Gym (Deck 5) Forward

Noon-7.00pm

Oasis Spa & Health Club (Deck 6) Forward, Tel: 7070

Noon-10.00pm

Oasis Hydrotherapy Suite (Deck 5) Forward

To book your relaxation session, visit the Oasis Spa reception or dial 7070. Noon-8.00pm

The Retreat (Deck 18) Forward

Our premium VIP open-air deck area. Book this exclusive experience at the Spa. Noon-8.00pm

Shore Experiences (Deck 7) Aft

For guests who have pre-booked a shore experience, tickets will be delivered to your cabins this evening.

12.30pm-7.00pm

Loyalty & Cruise Sales (Deck 7) Aft

Speak to a member of the team today to benefit from exclusive offers including extra on-board spending money and low deposit. 4.00pm-8.00pm

Whitewall Art Gallery (Deck 6) Forward

6.00pm-9.00pm

Casino Slots & Tables (Deck 7) Forward

30 Minutes After Sailing-Late

Altitude Skywalk (Deck 19) Aft

Subject to weather conditions, sessions can be booked through My Holiday or by visiting Deck 19 in person during opening hours. Charges apply - Adults £7.50, Children £2.50. 12.30pm-4.00pm

Altitude Minigolf (Deck 19) Aft

12.30pm -10.00pm

Mission Control (Deck 6) Midship

Sessions can be booked through My Holiday. Charges apply - Adults £20, Children £10.

Shopping On Board



Avenue Shops (Decks 7 & 8) Midship

30 Minutes After Sailing-11.00pm

Market Place (Deck 7 Midship

Take home your maiden season souvenirs today with our special offer of buy one and get one 50% off.

30 Minutes After Sailing-10.00pm

Showing Today At Ocean Studios



Mrs Harris Goes To Paris

Studio 1 - 7.00pm & 10.00pm

Starring: Lesley Manville, Isabelle Huppert, Lambert Wilson

Rated: PG

Run Time: 116 minutes

A widowed cleaning lady in 1950s London falls madly in love with a couture Dior dress, and decides that she must have one of her own.

Elvis

Starring: Tom Hanks, Austin Butler, Olivia DeJonge, Helen Thomson

Rated: 12A

Run Time: 139 Minutes

to becoming a rock and movie star in the 1950s while maintaining a complex relationship with his manager, Colonel Tom Parker.



Rumble

Studio 3 - 7.30pm

Starring: Geraldine Viswanathan (voice), Will Arnett (voice), Stephen A. Smith (voice)

Rated: PG

Run Time: 95 minutes

In a world where monster wrestling is a global sport and monsters are superstar athletes, teenage Winnie seeks to follow in her father's footsteps by coaching a loveable underdog monster into a champion.













^{*} Weather Permitting .

Shipboard Information

Muster Station Familiarisation

It is a maritime safety requirement that all guests attend their muster station for familiarisation purposes. Please visit your muster station if you have not already done so where your boarding pass will be scanned to record your attendance. Your allocated muster station is indicated on the back of your cabin door and on your cruise card. There is no need to take your life jacket with you. We ask that all guests watch the life jacket demonstration and P&O Cruises safety video on your cabin TV.

General Emergency Broadcast

At approximately 5.00pm, the Captain will make a broadcast and alarm bells will be sounded for familiarisation purposes only. If you attended your muster station to familiarise yourself throughout the day no action is required. During this exercise all quest services will be paused.

Hosts will be available to help you with any reservation queries for speciality venues from 1.00pm-4.00pm in Sindhu, Green & Co, The Limelight Club and Epicurean.

Guests are reminded that according to current UK legislation persons under the age of 18 are not permitted to gamble or be present on the casino floor. Casino area may be used as a walkthrough area only. Proof of age may be required prior to service. Guests who prefer not to participate in casino gaming may register with the Casino Manager or Cashier.

Smoking And Vaping On Board

Smoking and vaping is not allowed in cabins, on cabin balconies or in public rooms. There are dedicated areas on the open deck where you will find fixed ashtrays at dedicated signs available on: Deck 18 Aft port side and Deck 18 Forward port side for smoking and vaping.

On-Board Account

For your convenience all of our ships operate a 'cash-free' environment with everything priced in Pound Sterling. To make any purchases on board you just need to present your cruise card. Our ships do not accept cash, except at Reception for the settlement of your account. In order for the charges to be posted on to your account you will need to register your credit card or Visa/Mastercard Debit card. We cannot accept any prepaid cash/credit cards so if this has inadvertently been registered please contact Reception (Deck 7) Midship, so it can be rectified. Don't forget you can view your account on your cabin TV or by using My Holiday.

Travelling As A Family
For everyone's safety and enjoyment, guests under the age of 18 are not able to use
the Casino, The Retreat, Beachcomber Pool & Bar, The 710 Club or The Limelight Club (after 6.00pm). When enjoying all other bars, we ask that guests under 16 are accompanied by a parent or guardian, and that guests under 13 are accompanied in all main venues.

£5 Free Slot Play

Welcome aboard from the Casino! Wager your first £20 in the machines and we will gift you £5 of freeplay. See our friendly casino staff for more details.

6.30pm-Late Casino (Deck 7) Forward











Everyone loves the sunshine - and here we serve it up, Mediterranean style. Take your pick from the region's



Recommended La Coruna Shore Experiences

Santiago De Compostela On Your Own

As the old, world-famous centre of European pilgrimage, Santiago de Compostela boasts a magnificent Romanesque cathedral with an impressive Baroque façade. There are also many other interesting buildings so you can adapt your day to suit your needs and make the very most of your time in this fascinating city.





The Bombay Gin Experience

Tonight, we offer you a unique gin experience. Sample the Bombay range and the limited edition Bombay Sapphire Sunset that's the perfect sundowner with waves of florals and hints of littersweet citrus in the background. Personalise your Sunset with your name printed on the bottle tonight. Limited Stock so don't miss out.





Already Thinking About Your Next Holiday Adventure?

Visit our holiday planning experts who will lend a helping hand. If you book your next holiday while on board, we'll give you extra on-board spending money per cabin and you'll pay a low deposit from £50pp. What are you waiting for? Visit us today to find out more. T&Cs apply.

4.00pm-8.00pm Loyalty & Cruise Sales (Deck 7) Aft



Kallati Jewellery Unveiling & Champagne Reception

Visit us for the official Kallati jewellery unveiling. Meet our jewellery specialists and find out what great offers we have in store for you.

30 Minutes After Sailing-11.00pm Fine Jewellery Boutique (Deck 7) Midship



Welcome To Whitewall Galleries

Make sure you visit the art gallery this evening to register your interest in Whitewall Galleries exciting and informative schedule of events during your cruise. Meet your friendly art team of Lizzie and Edwina and find out more about what they have planned including special VIP events as well as a range of seminars and exhibitions.

6.00pm-9.00pm Whitewall Art Gallery (Deck 6) Forward

