

HORIZON

Discover more on board Arvia

Thursday 4 May 2023

Sunrise: 7.33am - Sunset: 9.02pm

Tonight's dress code:

Evening Casual

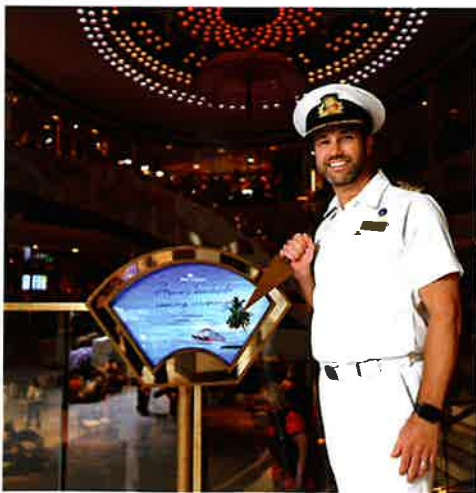
Smart dark denim or trousers and a nice top, open-neck shirts, skirts and dresses (but no tracksuits, football shirts or trainers please).



Arvia's Fashion Show

See our Shop team take to the catwalk, showcasing a wide variety of clothing from our fashion range. From casual and beachwear, all the way through to 'ship exclusive' clothing for both all. See the latest must have collections from Mulberry, Barbour, Joules, Lacoste and many more. There are looks for everyone.

2.30pm Grand Atrium (Deck 6) Midship



Photos With The Captain

Join the Photo team and Captain Robert Camby for a one off photo opportunity with the official naming ceremony telegraph used by our new Godmother Nicole Scherzinger.

7.15pm-7.45pm Grand Atrium (Deck 7) Aft

Indulge Yourself With Top-To-Toe Relaxation

Indulge yourself from head to toe for 75 glorious minutes with all of these treatments for only £99:

- Swedish Body Massage
- Foot and Ankle Massage
- Neck and Shoulder Massage
- Hand and Arm Massage
- Brightening Eye Collagen Treatment

Today only. Call 7070 to book or visit us.

8.00am-6.00pm Oasis Spa (Deck 6) Forward



It's A Forgery! A Brush With The Law

Did Picasso steal the Mona Lisa? Can you spot the difference between a million dollar masterpiece and a fake? Join our Art Gallery Manager and hear about an insanely obvious Dali switcheroo, the Getaway Van that wouldn't Gogh and the greatest art heists and forgeries of all time.

3.00pm The Limelight Club (Deck 6) Forward



ODY•C - Recharged



ODY•C are back with more exciting covers of unforgettable hits, old and new! Four voices, an electronic drum kit and a whole lot of fun – the perfect mix! You are guaranteed an unforgettable musical experience with ODY•C's fun concert-like show, where you will be taken on a unique musical journey through time and genre in modernised a Cappella.

**6.45pm, 8.30pm & 10.30pm
Headliners Theatre (Decks 6 & 7) Forward**



Movie Under The Stars - Black Panther: Wakanda Forever

Gurira The people of Wakanda fight to protect their home from intervening world powers as they mourn the death of King T'Challa.
Rated: 12A

Run Time: 161 minutes

Starring: Letitia Wright, Lupita Nyong'o, Danai

6.30pm & 9.30pm SkyDome (Decks 16 & 17) Midship



Comedian - Josh Adams

Josh Adams is no stranger to the stage. A one-time professional vocalist he became known for his voice, charisma and comedic personality. Now all rolled into one solo cabaret, he tours worldwide with numbers you'll know and laughs you'll relate to.

8.00pm, 9.30pm & 11.00pm The Club House (Deck 8) Aft



Any event containing this symbol should be booked via My Holiday or by dialling 7070.

Today's Activities



my wi-fi
ON BOARD • ON YOUR TERMS

My Wi-Fi...
your new
and improved
way to stay
connected
on board

ULTIMATE package

£18 per day
with cruise plan

OR

£24 per day

Everything from the
ESSENTIAL package
+
Video streaming
+
Up to 3x faster
connection

ESSENTIAL package

£12 per day
with cruise plan

OR

£18 per day

Web browsing
+
Email
+
Music streaming
+
Social media,
text and images
(no video)

Buy your My Wi-Fi
package at
internet.pocruses.com

Satellite reception
permitting. For full terms
and conditions visit
internet.pocruses.com

From 8.00am

8.00am – YOGA

A fantastic entry level class to help you stretch, de-stress and relax during your cruise. (A nominal fee applies for this class)

[Oasis Gym \(Deck 5\) Forward](#)

9.00am – TURTLE TOTS - WONDERFUL WEATHER

Calling all toddlers and their families to come and join in with today's Turtle Tots fun and interactive session. What's the weather going to be like today?

[The Club House \(Deck 8\) Aft](#)

9.00am – SOLO GET TOGETHER

A chance to meet your fellow guests who are also travelling solo in this un-hosted get-together.

[The Crow's Nest \(Deck 17\) Forward, Port Side](#)

9.00am – LINE DANCING

Try something fun and different today with a lively line dancing class. All ages and abilities welcome. (Suitable footwear should be worn)

[The Limelight Club \(Deck 6\) Forward](#)

9.00am – TOUR DE CYCLE

During this unique cycling class, enhance your cardiac and physical capacity whilst stimulating your metabolism. Limited space is available. Sign up at the Health Club to reserve your bike. (A nominal fee applies for this class)

[Oasis Gym \(Deck 5\) Forward](#)

9.00am – CHRISTIAN FELLOWSHIP

A chance to meet your fellow guests in this un-hosted get-together.

[The 710 Club \(Deck 6\) Midship](#)

9.00am-Noon – SPORTS HUB

Book all your deck games and sporting equipment: Shuffleboard, Deck Quoits, Table Tennis and many more. (Weather permitting)

[The Sports Hub \(Deck 17\) Aft, Starboard Side](#)

10.00am – ARTHRITIS & BACK PAIN SOLUTIONS

Come and find out how acupuncture is effectively used to help relieve pain, to help you enjoy your cruise and beyond. This seminar offers integrative solutions for these chronic conditions.

[Oasis Spa \(Deck 6\) Forward](#)

10.00am – FLAMENCO DANCE WORKSHOP

Olé! Our Spanish Flamenco performers will teach you everything you need to know about the expressive historical dance.

[Amber Lounge \(Deck 6\) Midship](#)

10.00am – THEME QUIZ - STAR WARS

Join one of the Entertainment Team as they test your knowledge in today's themed challenge.

[Brodie's \(Deck 7\) Forward](#)

10.00am – LINE DANCING

This is a repeated class, please see 9.00am for details

[The Limelight Club \(Deck 6\) Forward](#)

10.00am – SHUFFLEBOARD

A classic and friendly game of shuffleboard. Meet one of the Entertainment Team at the Sports Hub to take part. (Suitable footwear should be worn)

[The Sports Hub \(Deck 17\) Aft, Starboard Side](#)

10.00am – BODY SCULPT BOOT CAMP

Join our Personal Trainers as they take you through a Body Sculpt program designed to help you enjoy your holiday to the max, keeping those pounds off whilst allowing you some guilt-free indulgence on board. (A nominal fee applies for this class)

[Oasis Gym \(Deck 5\) Forward](#)

10.00am – GUEST SPEAKER - IAN MURRAY

See back page for details.

[The Club House \(Deck 8\) Aft](#)

10.30am – FACIAL REJUVENATION WALK IN CLINIC

Meet Dr. Luis, our on-board facial rejuvenation specialist. Learn why wrinkles form and discover the best solutions for smoother and more youthful-looking skin. Consultations are free.

[Oasis Spa \(Deck 6\) Forward](#)

From 11.00am

11.00am – THE PROGRESSIVE QUIZ

Work in teams of up to six in this progressive quiz where the scores roll over each sea day to find an overall winner on the final day of the cruise.

[Brodie's \(Deck 7\) Forward](#)

11.00am – WALLACE AND GROMIT - ALL HANDS ON DECK!

See back page for details.

[SkyDome \(Decks 16 & 17\) Midship](#)

11.00am – FACEBOOK MEET AND GREET

For all guests who have been in contact with one another before our cruise began. This is a great chance to meet in person at this un-hosted event.

[The Crow's Nest \(Deck 17\) Forward, Port Side](#)

11.00am – FITSTEPS

A dance fitness class put together by Strictly Dancers Ian Waite and Natalie Lowe. A mix of graceful ballroom and upbeat Latin dance steps in a fun routine to keep you fit. No partner required. Suitable footwear should be worn.

[The Limelight Club \(Deck 6\) Forward](#)

11.00am – DETOX FOR HEALTH & WEIGHT LOSS

When there's a gym on every corner and diet books in every bookshop, why are we unhealthy than ever before? Receive some great advice from your Personal Trainers on ways to cleanse the body and reap the benefits.

[The 710 Club \(Deck 6\) Midship](#)

Noon – FITSTEPS

This is a repeated class, please see 11.00am for details

[The Limelight Club \(Deck 6\) Forward](#)

Noon – GUEST SPEAKER - IAN MURRAY

This is a repeat of the 10.00am talk.

[The Club House \(Deck 8\) Aft](#)

Noon-2.30pm – ROULETTE TORNAMENT

Round and round and round it goes... Play your favourite numbers and you might just be our next Roulette champion, walking away with a cash prize! Tickets are £10 an entry, enter twice and get a third absolutely free. Qualifying rounds take place from noon-2:15 with the final immediately after

[Casino \(Deck 7\) Forward](#)

12.15pm – BATTLE OF BRODIE'S QUIZ

The ultimate brain teasing quiz where Brodie's will be split into two teams competing to be crowned the smartest on Arvia!

[Brodie's \(Deck 7\) Forward](#)

12.15pm – KALLATI BIRTHSTONES SEMINAR

Let us take you on a journey. Birthstones and their vivid colours have long been a way to connect your birth month with rare and unique gemstones and can be a meaningful gift. Free gift for all those who attend the seminar.

[Ocean Studios 3 \(Deck 6\) Midship](#)

1.00pm – FRIENDS OF BILL W GET-TOGETHER

Join your fellow guests in this informal un-hosted get-together.

[The Crow's Nest \(Deck 17\) Forward, Port Side](#)

1.00pm – VOCAL WORKSHOP

Let your inhibitions go and set your song free at a Vocal Workshop for all abilities. Young or old, angelic or operatic, one of the Entertainment Team will soon have you singing with confidence.

[The Limelight Club \(Deck 6\) Forward](#)

1.00pm – PUFFY EYES SEMINAR

Learn about the cause of those puffy eyes, dark circles, and how to get relief at this informative, interactive talk with our ELEMIS Facial Therapist. Don't forget to ask her about today's special offers.

[Oasis Spa \(Deck 6\) Forward](#)

1.00pm-5.00pm – SPORTS HUB

See 9.00am for details.

[The Sports Hub \(Deck 17\) Aft, Starboard Side](#)

1.15pm – CONTEMPORARY MASTERS TALK

See back page for details.

[Ocean Studios 3 \(Deck 6\) Midship](#)

From 1.30pm



1.30pm-2.30pm – JON UDRY & CHESNEY HAWKES SALES

A chance to purchase the perfect souvenir, Jon Udry's fantastic book *The ABC Tour* and Chesney Hawkes incredible CD. All you need is your cruise card, limited stock available.

Anderson's Bar (Deck 6) Midship

1.45pm-2.00pm – THE PURSUIT GAMESHOW SIGN UP

Meet an Entertainment Host at this time to sign up to be contestants in today's gameshow.

The Club House (Deck 8) Aft

2.00pm – ACUPUNCTURE MYTHS BUSTED

The ancient technique of Acupuncture can be effective for countless conditions including back pain, sciatica, arthritis, digestive, sea sickness and weight issues. Start feeling better today. You are invited to learn more at our free seminar.

Oasis Spa (Deck 6) Forward

2.00pm – THE PURSUIT GAMESHOW

See back page for details.

The Club House (Deck 8) Aft

2.00pm – HAIR SHOW 'THE ULTIMATE CUT'

See back page for details.

The 710 Club (Deck 6) Midship

2.00pm-4.00pm – CARD PLAYERS GET-TOGETHER

A chance to meet your fellow guests for an un-hosted card get-together. Please note no equipment is provided.

Sindhu (Deck 7) Midship

2.00pm-4.00pm – SMOOTH GROOVES WITH DJ FROX

It's chill out time at the Sunset Bar with DJ Frox.

Sunset Bar (Deck 8) Aft

2.30pm – ARVIA'S FASHION SHOW

See front page for details.

Grand Atrium (Deck 6) Midship

3.00pm – JUKEBOX HERO

Put another dime in the jukebox for this fun music challenge. How many tunes will you recognise?

Brodie's (Deck 7) Forward

3.00pm – WATCHES & SCOTCH TALK

Join us for a unique experience where you meet our watch specialists for a premium watch presentation and learn more about our whiskeys we carry on board.

Fine Watches Boutique (Deck 7) Midship

3.00pm – RELIEVE BACK, LEG AND FOOT PAIN

Overcome needless lower back pain, aching shoulders, and foot problems with a few tips from our expert. Visit and receive a free foot analysis to address your individual concerns.

The 710 Club (Deck 6) Midship

3.00pm – IT'S A FORGERY! A BRUSH WITH THE LAW

See front page for details.

The Limelight Club (Deck 6) Forward

3.15pm – FAMILY ARTS AND CRAFTS

Come and get crafty with your youth team!

The Club House (Deck 8) Aft



3.15pm-4.00pm – SOUNDS AROUND THE POOL

The SkyDome comes alive with music from your Entertainment Team.

SkyDome (Decks 16 & 17) Midship

4.00pm – FLAMENCO DANCE WORKSHOP

This is a repeat of the 10.00am workshop.

Amber Lounge (Deck 6) Midship

4.00pm – PILATES

A great form of toning and strengthening exercise at 'entry level'. Join our Personal Trainers as they help you stretch and burn calories. (A nominal fee applies for this class)

Oasis Gym (Deck 5) Forward

4.00pm – RESTORE FACIAL CONTOURS SEMINAR

Experience the safe and effective, youth-enhancing benefits of targeted wrinkle treatments and instant dermal fillers. Return home looking visibly younger. Schedule your free consultation today with Dr Luis.

The 710 Club (Deck 6) Midship

From 4.00pm



4.00pm – TABLE TENNIS

A classic and friendly game of Table Tennis. Meet one of the Entertainment Team at the Sports Hub to take part. (Suitable footwear should be worn)

The Sports Hub (Deck 17) Aft, Starboard Side

4.15pm – £5,000 MEGA-JACKPOT BINGO

See sidebar for details.

The Club House (Deck 8) Aft

4.30pm – INTRODUCING THIS WORKS

An award-winning range of 24hr skin solutions provide exactly what your skin, your day and your lifestyle demands. See the collection today.

Skincare & Beauty Boutique (Deck 7) Midship

5.00pm – EVENING STRETCH

Enjoy a free fitness class with our Personal Trainer.

Oasis Gym (Deck 5) Forward

5.00pm – INDIVIDUAL QUIZ

Join a member of your Entertainment Team for today's 20 teasers in the only quiz that requires you to play solo.

Brodie's (Deck 7) Forward

5.00pm – LGBTQ+ GET TOGETHER

A chance to meet your fellow LGBTQ+ guests in this un-hosted get-together.

The Crow's Nest (Deck 17) Forward, Port Side

5.30pm – FREE FOOTPRINT CLINIC

Join our Foot Specialist at this free seminar and learn what Good Feet can do for you. Free footprint analysis for all who attend.

Oasis Gym (Deck 5) Forward

6.30pm – MOVIE UNDER THE STARS - BLACK PANTHER: WAKANDA FOREVER

See front page for details.

SkyDome (Decks 16 & 17) Midship

6.45pm – ODY•C - RECHARGED

See front page for details.

Headliners Theatre (Decks 6 & 7) Forward



7.00pm – THE 710 CLUB - THE NATIONS NO. 1S

'At The Nations No. 1s, I want you to be able to learn forward, smile, and hear the greats like it's your first time listening.' - Gary Barlow, Music Director.

Spaces in The 710 Club are limited. Please book in advance using My Holiday. Make sure you arrive before the performance begins to guarantee your booking - as seating is first come, first served. The doors will open half an hour before the performance starts, so order a drink and enjoy the live music experience.

The 710 Club (Deck 6) Midship



7.00pm-10.00pm – SUNSET SOUNDS WITH DJ FROX

Head to the Sunset Bar to catch DJ Frox under the stars.

Sunset Bar (Deck 8) Aft

7.30pm – PIANO VOCALIST - ELENA SAFONOVA

Early evening music & melodies with our piano vocalist Elena.

The Crow's Nest (Deck 17) Forward

7.30pm-8.00pm – MUSIC IN THE CLUBHOUSE

Enjoy some great music before this evening's show.

The Club House (Deck 8) Aft

8.00pm – BRODIE'S CHALLENGE

A pre-dinner or pre-show quiz with the Entertainment Team to get you ready for this evening's events.

Brodie's (Deck 7) Forward

8.00pm-8.30pm – COMEDIAN - JOSH ADAMS

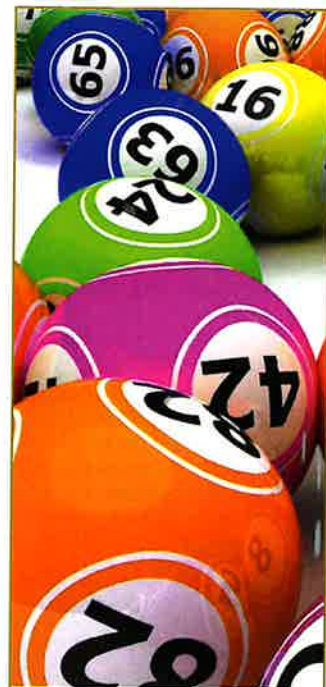
See front page for details.

The Club House (Deck 8) Aft

8.30pm – THE BOMBAY GIN EXPERIENCE

We offer you a unique gin experience. Sample the Bombay range and the limited edition Bombay Sapphire Sunset that's the perfect sundowner with waves of florals and hints of bittersweet citrus in the background. Personalise your Sunset with your name printed on the bottle tonight. Limited Stock so don't miss out.

The Spirits Shop (Deck 7) Aft



£5,000 Mega- Jackpot Bingo

Five exciting games means five chances to call Bingo.

£800 in cash prizes are up for grabs today, and if you can call a Full House bingo in under 44 numbers, you will be walking away with our incredible £5000 Mega Jackpot.

Ticket Sales at the Casino:
10.00am-4.00pm

Ticket Sales at The Club House
3.15pm-4.00pm

**Eyes Down: 4.15pm
The Club House
(Deck 8) Aft**

Today's Activities



It's Not Just
About Wine, You
Can Also Dine

The perfect spot for light
bites, lunchtime tipples
and relaxed evening
meals, with wines
selected by Olly Smith.

Deck 7, Atrium

Simply stop by.
No need to book.

Dishes priced
individually.



From 8.30pm

8.30pm - ODY•C - RECHARGED

See front page for details.

Headliners Theatre (Decks 6 & 7) Forward



8.30pm-9.30pm - MUSIC IN THE CLUBHOUSE

Join us for some great music at the aft end.

The Club House (Deck 8) Aft

8.45pm - THE 710 CLUB - THE NATIONS NO. 15

See 7.00pm for details.

The 710 Club (Deck 6) Midship

9.00pm-9.30pm - A TASTE OF SPAIN

Is it glamorous Amber Lounge or a charming bar on the cobbled streets of Barcelona? Be transported to the heart of the region with charming Spanish sounds.

Amber Lounge (Deck 6) Midship

9.00pm - LIVE PREMIER LEAGUE FOOTBALL

Come along and enjoy coverage of today's live Premier League football: Brighton V Manchester United (Satellite reception permitting. Match is subject to change by provider)

Brodie's (Deck 7) Forward

9.15pm-10.00pm - PIANO VOCALIST - ELENA SAFONOVA

Music at the top of the ship with Simon Brookes.

The Crow's Nest (Deck 17) Forward

9.30pm - COMEDIAN - JOSH ADAMS

See front page for details.

The Club House (Deck 8) Aft

9.30pm - MOVIE UNDER THE STARS - BLACK PANTHER: WAKANDA FOREVER

See front page for details.

SkyDome (Decks 16 & 17) Midship

9.45pm-10.15pm - A TASTE OF SPAIN

See 9.00pm for details.

Amber Lounge (Deck 6) Midship

10.00pm-11.00pm - MATCH THEM UP

Can you find a match to win some fabulous Casino Prizes? This evening, four lucky active players will be chosen at random for the chance to turn over our winning cards. Match three of the same to win that prize, it's that simple!

Casino (Deck 7) Forward

10.00pm-11.00pm - MUSIC IN THE CLUBHOUSE

The discs are spinning for your listening pleasure.

The Club House (Deck 8) Aft

10.15pm-11.00pm - PIANO VOCALIST - ELENA SAFONOVA

Elena Safonova is back at the piano with more of your favourites.

The Crow's Nest (Deck 17) Forward

10.30pm - ODY•C - RECHARGED

See front page for details.

Headliners Theatre (Decks 6 & 7) Forward



10.30pm - THE 710 CLUB - THE NATIONS NO. 15

See 7.00pm for details.

The 710 Club (Deck 6) Midship



10.30pm-11.00pm - ARVIA ORCHESTRA

As we unlock the doors for late night Lighthouse, join our amazing Arvia Orchestra as they change up the atmosphere with live music. No bookings are required.

The Lighthouse Club (Deck 6) Forward

10.45pm-11.15pm - A TASTE OF SPAIN

See 9.00pm for details.

Amber Lounge (Deck 6) Midship

11.00pm - COMEDIAN - JOSH ADAMS

See front page for details.

The Club House (Deck 8) Aft

11.15pm-Midnight - PIANO VOCALIST - ELENA SAFONOVA

More piano favourites with Elena Safonova.

The Crow's Nest (Deck 17) Forward

11.15pm-Midnight - ARVIA ORCHESTRA

See 10.30pm for details.

The Lighthouse Club (Deck 6) Forward

From 11.30pm

11.30pm-Late - LATE NIGHT AT THE CLUB HOUSE

After an evening of entertainment the lights turn down and the fun continues into tomorrow. Let the late night DJ rock you as you step into The Club House after-hours party.

The Club House (Deck 8) Aft

12.15am - THE 710 CLUB - THE NATIONS NO. 15

See 7.00pm for details.

The 710 Club (Deck 6) Midship



Booking your space is necessary via My Holiday or by dialling 7070.



The majority of our entertainment programme is family friendly, however please see our recommended highlights of the day.

Showing Today At Ocean Studios



Top Gun: Maverick

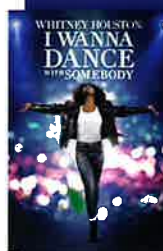
Studio 1 - 9.00am, Noon, 3.00pm, 6.00pm & 9.00pm

Starring: Tom Cruise, Jennifer Connelly, Miles Teller, Val Kilmer

Rated: 12A

Run Time: 130 Minutes

After 30 years, Maverick is still pushing the envelope as a naval aviator, but must confront ghosts of his past when he leads Top Gun's elite graduates on a mission that demands the ultimate sacrifice from those chosen to fly it.



I Wanna Dance With Somebody

Studio 2 - 9.15am, 12.15pm, 3.15pm, 6.15pm & 9.15pm

Starring: Naomi Ackie, Stanley Tucci & Ashton Sanders

Rated: 12A

Run Time: 144 Minutes

A joyous, emotional, heart-breaking celebration of the life and music of Whitney Houston, one of the greatest female R&B pop vocalists of all time, tracking her journey from obscurity to musical superstardom.



Minions - Rise Of Gru

Studio 3 - 10.00am, 2.30pm, 5.30pm & 8.30pm

Starring: Steve Carell (voice), Pierre Coffin (voice), Alan Arkin (voice)

Rated: PG

Run Time: 87 minutes

The untold story of one twelve-year-old's dream to become the world's greatest supervillain.



Opening Times SCENE

Nursery - Under 2s 10.00am-Noon & 2.00pm-5.00pm

Night Nursery - 6 Months-4 Years 6.00pm-Midnight

Night Nursery Extra Midnight - 2.00am*
(Prebook before 9.00pm the day before)

Splashers - 2-4 Years

Surfers - 5-8 Years

Scubas - 9-17 Years

10.00pm-Noon, 2.00pm-5.00pm & 6.00pm-11.00pm

We kindly ask that if you aren't attending your session booking, please unbook to allow others to use this time slot.

Restaurant Opening Times

Log into My Holiday to make your dining reservations for today. If you're in a virtual queue, please don't leave the web page or switch on your data as this may cause you to lose your place in the queue and not receive a 'table is ready' notification.

Inclusive Dining

Horizon Restaurant (Deck 16) Aft

Breakfast	6.30am	-	11.00am
Lunch	Noon	-	5.00pm
Afternoon Tea	3.00pm	-	5.00pm
Children's Tea (Port Side)	5.00pm	-	5.45pm
Dinner	6.00pm	-	9.30pm
Late Snacks	11.00pm	-	1.30am

The Quays (Deck 8) Aft

Breakfast	6.30am	-	10.00am
All Day Dining	Noon	-	9.30pm

Taste 360 (Deck 16) Midship	11.00am	-	7.00pm
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Join the virtual queue using My Holiday for the four below venues. You can also book a table between 5.30pm-6.00pm.

Meridian Restaurant (Deck 6) Aft

Breakfast	7.30am	-	9.30am
Lunch	Noon	-	1.30pm
Dinner	5.30pm	-	9.30pm

Zenith Restaurant (Deck 7) Aft

Breakfast	7.30am	-	9.30am
Dinner	5.30pm	-	9.30pm

6th Street Diner (Deck 6) Aft

Breakfast & Brunch	10.00am	-	2.00pm
Dinner	5.30pm	-	9.30pm

The Olive Grove (Deck 6) Aft	5.30pm	-	9.30pm
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Speciality Restaurants

Join The Virtual Queue Using My Holiday

The Keel and Cow (Deck 8) Atrium*

Breakfast	7.30am	-	9.30am
All Day Dining	11.30am	-	9.30pm
The Glass House (Deck 7) Atrium*	11.00am	-	11.00pm

Booking Required Using My Holiday

Sindhu (Deck 8) Midship*	6.00pm	-	9.30pm
Green & Co feat. Mizuhana (Deck 8) Aft*	Noon	-	9.30pm
The Beach House (Deck 16) Midship*	6.00pm	-	9.30pm
Epicurean (Deck 17) Forward*			
Afternoon Tea	3.00pm		
Dinner	6.00pm	-	9.30pm
The Limelight Club (Deck 6) Forward*	7.00pm	-	10.30pm

Sundaes Ice Cream (Deck 16) Forward*	9.00am	-	11.00pm
Ripples (Deck 8) Midship*	10.30am	-	9.30pm
Room Service* - Dial 5000	Available 24 Hours		

*Charges/Cover Charges apply.

Bar Opening Times

Vistas Café Bar (Deck 6) Atrium:	7.00am	-	11.00pm
Food available	7.00am	-	5.00pm
Table service	11.00am	-	11.00pm
Infinity Bar (Deck 16) Aft*	7.30am	-	9.30pm
Sunset Bar (Deck 8) Aft*	9.00am	-	10.00pm
Beachcomber Bar (Deck 18) Forward*	10.00am	-	7.30pm
Panorama Bar (Deck 18) Aft*	10.00am	-	7.30pm
Crystal Bar (Deck 16) Midship	10.00am	-	11.30pm
Laguna Bar (Deck 16) Midship	10.00am	-	11.30pm
Sky Bar (Deck 17) Midship	10.00am	-	11.30pm
Amber Lounge (Deck 6) Atrium	10.00am	-	Midnight
Brodie's (Deck 7) Forward	10.00pm	-	Late
The Glass House (Deck 7) Atrium	10.00am	-	11.00pm
The Keel and Cow (Deck 8) Atrium	11.00am	-	11.00pm
Sindhu Bar (Deck 8) Midship	11.00am	-	11.00pm
Anderson's Bar (Deck 6) Midship	4.30pm	-	11.00pm
The Crow's Nest (Deck 17) Forward	5.00pm	-	Midnight
The Club House (Deck 8) Aft	7.00pm	-	Late
The 710 Club (Deck 6) Atrium	7.00pm	-	Late
The Limelight Club (Deck 6) Forward	10.30pm	-	Midnight

All bars are proud to serve Costa coffee.

Guests under the legal drinking age will not be served alcoholic beverages nor are they to consume alcoholic beverages. Please understand that you may be requested to show proof of age.

* Weather Permitting

Discover More On Board...

Swimming Pools

8.00am-8.00pm (SkyDome Pool closes at 7.00pm)

Whirlpools

8.00am-8.00pm

Oasis Gym (Deck 5) Forward

7.00am-7.00pm

Oasis Spa & Health Club (Deck 6) Forward - Dial: 7070

8.00am-10.00pm

Oasis Hydrotherapy Suite (Deck 5) Forward

To book your relaxation session, visit the Oasis Spa reception or dial 7070. 8.00am-8.00pm

The Retreat (Deck 18) Forward

8.00am-8.00pm

Shore Experiences (Deck 7) Aft

We are on hand to help you decide how to spend your time ashore. 9.00am-6.00pm

Loyalty & Cruise Sales (Deck 7) Aft

8.00am-8.00pm

Whitewall Galleries (Deck 6) Forward

10.00am-9.00pm

Photo Gallery (Deck 7) Aft

10.00am-9.00pm

Casino Slots (Deck 7) Forward

Open 24 hours whilst at sea

Casino Tables (Deck 7) Forward

Noon-Late

The Sports Hub (Deck 17) Aft, Starboard Side

9.00am-Noon & 1.00pm-5.00pm

Altitude Skywalk (Deck 19) Aft

Subject to weather conditions, sessions can be booked through My Holiday or by visiting Deck 19 in person during opening hours. Charges apply - Adults £7.50, Children £2.50. 9.00am-5.00pm

Altitude Minigolf (Deck 19) Aft

9.00am -10.00pm

Mission Control (Deck 6) Midship

Sessions can be booked through My Holiday. Charges apply - Adults £20, Children £10.

Shopping On Board

Swarovski At The Harbour Shop (Deck 6) Atrium

9.00am-10.00pm

Market Place (Deck 7) Midship

9.00am-9.00pm

Avenue Shopping (Deck 7) Midship

9.00am-10.00pm

Promenade Shop (Deck 8) Atrium

9.00am-10.00pm

Shipboard Services

Reception (Deck 7) Midship is open 24 hours a day and can be contacted by dialling 7070 from any of the ship's telephones.

My Holiday Assistance Line - Dial 7070 from any of the ship's telephones. 8.00am-7.00pm

My Holiday Assistance Podiums - Grand Atrium (Deck 7) Midship 9.00am-3.00pm

Voice mail - If you have a red light on your cabin phone, you can listen to your message by dialing 9801.

Medical Centre - Please dial 8880 to make an appointment. The appointment line is available from 8.00am-10.30am & 3.00pm-6.00pm. For any medical emergency, please dial 999.

Shipboard Information

Hand Washing

Hand washing is a simple and effective method of helping to reduce the risk of infection and helping to keep you healthy during your cruise. In addition, we ask you to make use of the alcohol hand gel prior to entering our food service areas.

Smoking And Vaping On Board

Smoking and vaping is not allowed in cabins, on cabin balconies or in public rooms. There are dedicated areas on the port side of Deck 18 Forward and Aft, where you will find fixed ashtray, for smoking and vaping.

Use It Don't Lose It

Make sure you use up your on-board spending money before you disembark. You can always check how much is left on your cabin TV. Maybe a new perfume or treat yourself to dinner in one of our select dining restaurants. This spending money cannot be used on medical services, prescriptions, bingo, foreign currency transactions, in the casino or to get cash back from your account.

Sun Loungers And Deck Furniture

Out of consideration for your fellow passengers, please do not reserve sun loungers. Sun loungers left unattended will be monitored. A crew member will place a yellow tag on the back of the lounge if personal items are left on it and you are not present. The tag will indicate the time the chair was seen to be unoccupied and after 30 minutes if you have not returned, your personal items will be removed and taken to the nearest pool area, and the chair will be made available to someone else.

Currency Exchange

Buy and exchange your currency at Reception, Deck 7. Company exchange rates apply. Experience tells us that the Reception can be very busy for currency exchange on the morning of arrival into port, so please make the most of the quieter moments.

Hair Show 'The Ultimate Cut'

Join our international hair stylists for this spectacular hair show where one lucky winner will be chosen to receive a free cut and style. Discover which hair styles and colours compliment or clash with you. Free consultations to all who attend.

2.00pm The 710 Club (Deck 6) Midship



Contemporary Art Masters Talk

Join your Art Gallery Manager as she introduces you to the next greats of the art world. From winner of sky portrait artist of the year, Christian Hook to rat pack meets Picasso, Todd White to kinetic artist Patrick Rubinstein. Learn why these names will become synonymous with the 21st-century art movements.

1.15pm Ocean Studios 3 (Deck 6) Midship



Wallace And Gromit - All Hands On Deck!

Come along to the SkyDome for a fun-filled family show exclusive to Arvia! Wallace and Gromit are taking to the stage in their brand new show and you're invited.

11.00am SkyDome (Decks 16 & 17) Midship



Guest Speaker - Ian Murray

Celebrities versus The Media: When two sides go to court. Which rock celebrity won the largest pay out ever from a newspaper? Which famous soap star won their case for being described as 'boring' - but then almost went bankrupt as a result? From Liberate to Sir Elton John - award winning journalist Ian Murray reveals the winners and the losers when the famous fall out with the media

10.00am & Noon The Club House (Deck 8) Aft



The Pursuit Gameshow

Can you survive the pursuit? Will you become part of a winning team to bag some prizes in this interactive quiz show? Answer general knowledge questions and play your tactics right in order to reach 'The Final Pursuit'.

2.00pm The Club House (Deck 8) Aft



A fresh take on flavour

Let us take your taste buds on a journey over land and sea.

Deck 8

Make your reservation via My Holiday
Dishes priced individually



The Beach House

- EST. 2008 -

Tuck into hearty grills and authentic Caribbean home-cooking favourites from Local Food Hero Shivi Ramoutar.

Charges/Cover Charge apply.

Deck 16 Midship
Visit My Holiday or call the booking line on 7070.



Fun In The Sun With Spain, Portugal & The Canary Islands

For 12 nights, you can join Ventura and sip sangria, taste delicious tapas and sunbathe on some of the best beaches in Europe... Book an applicable Select Price holiday on board from £879pp and we'll give you up to £100 extra on-board spending money per cabin. Visit us today. T&Cs apply.

8.00am-8.00pm Loyalty & Cruise Sales (Deck 7) Aft



20% Off Super Sale

Today we offer you 20% off fashion watches, 20% off fashion brands, 20% off accessories and our cruise favourite 20% off Pandora. Arrive early for the best selections.

9.00am-10.00pm Avenue Shopping (Deck 7) Midship

ONE DAY ONLY
20% off

Relieve Back, Leg And Foot Pain

Overcome needless lower back pain, aching shoulders, and foot problems with a few tips from our expert. Visit and receive a free foot analysis to address your individual concerns.

3.00pm The 710 Club (Deck 6) Midship



Buy Four Photos And Get The Fifth Free

Save £25 with our 5 photo package. Speak to one of our friendly photographers who will help create the perfect package for you to take home your holiday memories.

10.00am-9.00pm The Photo Gallery (Deck 7) Aft



Win A Cruise Scratch Cards

Could today be your lucky day? Swing by Casino Cashier's Desk, try one of our new Win A Cruise scratch cards and find out. For only £2 you could win up to £4,000 towards your next P&O Cruises holiday.

10.00am-Late Casino (Deck 7) Forward

