

Tonight's dress code:

Evening Casual Smart dark denim or trousers and a nice top, open-neck shirts, skirts and dresses (but no tracksuits, football shirts or trainers please).



Welcome to Alicante

Arrival: 8.30am

All aboard: 4.30pm



Built around a natural harbour, the main city and cruise port on Spain's Costa Blanca, Alicante, is also a top beach resort in its own right. It has a sophisticated Mediterranean feel with its restored old town adding to its charm and the attraction of its sandy beaches. Dubbed the 'City of Light' when founded by the Romans, Alicante is still a relaxing place to walk around. Down from the impressive Castillo de Santa Barbara fortress, which offers impressive views across the city, most activity centres in the streets around the Ayuntamiento, a plaza area buzzing with restaurants and tapas bars. There are also many cafés along the seafront.

Currency: € Euro

Euro for your purchases whilst ashore are on sale at Reception. Please note, we cannot accept foreign coins and 500 Euro notes.

Concierge Postage Rate

Please see Reception to post any mail today which will be charged to your on-board account. Last post leaves the ship two hours before departure.

Should you have any queries or concerns while you are ashore, please contact our Port Agent:

Marmedsa Cruise Services (Noatum Maritime) – Alica Tel: +34 965 142 310

European Emergency Number

112 is the European emergency number, available free of charge, 24/7, anywhere in the European Union.

Elemis Pro-Collagen Age Defy Facial

Reduce the appearance of fine lines, uneven pigmentation and superficial scarring while leaving your skin smoother. A targetted lymphatic drainage massage re-energises and rejuvenates as our marine rich ingredients visibly improve firmness and elasticity for beautifully nourished, younger looking skin. Book today and receive a free eye collagen treatment added on. Today only £75.

8.00am-6.00pm Oasis Spa (Deck 6) Forward



20% Off Hand Bags Extravaganza

Join us tonight at our hand bag extravaganza. We have Radley, Marc Jacobs and Ted Baker to name a few all at 20% off. Get your entry ticket for our free raffle at 9.00pm in Market Place. Must be present to win. Excludes pre loved bags.

8.00pm-9.00pm Ladies Fashion Boutique (Deck 7) Midship



Headliners Theatre Company Presents - FESTIVAL

Festivals are the epitome of summer fun! With epic artists, enrapt crowds and a soundtrack full of memories, our FESTIVAL show brings all of that nostalgia to Arvia! We've tents, wellies and the feel-good anthems that will have you on your feet!

Strobe lighting and atmospheric effects will be used during this performance. This show will be repeated on tomorrow (6 May).

6.45pm, 8.30pm & 10.30pm Headliners Theatre (Decks 6 & 7) Forward



Vocalist - Daniel East

You may have already seen this stunning performer pay tribute to the prominent and increasingly popular George Ezra. Tonight Dan invites you to sit back and get ready to be taken on a wonderful musical journey with some well-known songs from the stage, screen and some others in between.

7.30pm, 9.00pm & 10.30pm SkyDome (Decks 16 & 17) Midship



Gold With Party Band, PULSE

The chance to relive the days of perms, shoulder pads and acid washed jeans. It's time to celebrate the golden magic of the 80s! Feel the decade come alive with Killer DJ sets and live music from our resident party band, PULSE. They will be performing at 8.00pm, 9.30pm & 11.00pm.

8.00pm-11.45pm The Club House (Deck 8) Aft





The Limelight Club **Presents** Alice Fearn

Alice Fearn is one of the West End's most prolific performers.

With a career boasting shows from Les Miserables to Wicked this is a show not to miss.

£25pp **Dinner And A Show**

The Limelight Club (Deck 6) Forward

Explore Ashore...

Going on a Shore Experience?

Here's some handy hints to make it a little easier:

- On arrival in port, please don't head to the gangways until after the 'Welcome' announcement has been made from the bridge.
- The gangway locations are shown on the digital screens positioned at all guest staircases.
- Please meet outside the terminal for your tour 15 minutes before the departure time.
- Once ashore, the team, holding signs that say Arvia Shore Experiences, will be available to guide you.
- Have your cruise cards & tour tickets handy as you head to the gangway.
- Please note that tours cannot be held for latecomers and the last bus will leave at the departure time noted on your ticket.

7.00am - FAB ABS

Enjoy a free fitness class with our Personal Trainer. Oasis Gym (Deck 5) Forward

8.00am - YOGA

A fantastic entry level class to help you stretch, de-stress and relax during your cruise. (A nominal fee applies for this class) Oasis Gym (Deck 5) Forward

9.00am - SOLO TRAVELLERS MEETING POINT

Guests wishing to meet with other guests to go ashore in today's port should meet at this time.

Amber Lounge (Deck 6) Midship

11.30am - KILLER POOL

Join one of your Entertainment Team for this classic pub game. Brodie's (Deck 7) Forward

1.00pm - FRIENDS OF BILL W GET-TOGETHER

Join your fellow guests in this informal un-hosted get-together. The Crow's Nest (Deck 17) Forward, Port Side

1.00pm-1.45pm - LIVE MUSIC WITH ERIN COLLINS

Amazing acoustic sounds of our Busker Erin Collins.

SkyDome (Decks 16 & 17) Midship

1.30pm-5.00pm - SPORTS HUB

Book all your deck games and sporting equipment: Shuffleboard, Deck Quoits, Table Tennis and many more. (Weather permitting) The Sports Hub (Deck 17) Aft, Starboard Side

2.00pm - INTERACTIVE KARTING

Fun in Brodie's today, as we find out who will be victorious in this interactive karting game!

Brodie's (Deck 7) Forward

2.00pm - DECK QUOITS

A classic and friendly game of Deck Quoits. Meet one of the Entertainment Team at the Sports Hub to take part. (Suitable footwear should be worn)

The Sports Hub (Deck 17) Aft, Starboard Side

2.00pm-2.45pm - LIVE MUSIC WITH ERIN COLLINS

Relaxing afternoon music with Erin Collins.

SkyDome (Decks 16 & 17) Midship

3.00pm - PORT DAY QUIZ

Are you enjoying a relaxing day on board? Why not join a member of your Entertainment Team to see how many answers you know in today's fun quiz.

Brodie's (Deck 7) Forward

3.30pm - CHINESE HERBAL REMEDIES

Chinese herbs are amazing for pain, digestion, stress, arthritis, anxiety, weight loss and much more. Safe and effective, herbs can be a natural aid to healing. Come and find out why at our free seminar today.

Oasis Spa (Deck 6) Forward

4.00pm - TABLE TENNIS

A classic and friendly game of Table Tennis. Meet one of the Entertainment Team at the Sports Hub to take part. (Suitable footwear should be worn)

The Sports Hub (Deck 17) Aft, Starboard Side

From 4.00pm

4.00pm - BODY SCULPT BOOT CAMP

Join our Personal Trainers as they take you through a Body Sculpt program designed to help you enjoy your holiday to the max, keeping those pounds off whilst allowing you some guiltfree indulgence on board. (A nominal fee applies for this class) Oasis Gym (Deck 5) Forward

4.15pm-5.00pm - SAILAWAY SOUNDS WITH ERIN COLLINS

Join Erin at the back of the ship as we say goodbye to Alicante. Relax, enjoy a cocktail and listen to their smooth grooves and

Infinity Bar (Deck 16) Aft

4.30pm-6.00pm - SAIL AWAY SOUNDS WITH DJ FROX

Sunset Bar is the place to be as we set sail with DJ Frox. Sunset Bar (Deck 8) Aft

5.00pm - EVENING STRETCH

Enjoy a free fitness class with our Personal Trainer.

Oasis Gym (Deck 5) Forward

5.00pm - INDIVIDUAL QUIZ

Join a member of your Entertainment Team for today's 20 teasers in the only quiz that requires you to play solo.

Brodie's (Deck 7) Forward

5.00pm - LGBTQ+ GET TOGETHER

A chance to meet your fellow LGBTQ+ guests in this un-hosted get-together.

The Crow's Nest (Deck 17) Forward, Port Side

5.30pm - FREE FOOTPRINT CLINIC

Join our Foot Specialist at this free seminar and learn what Good Feet can do for you. Free footprint analysis for all who attend. Oasis Gym (Deck 5) Forward

6.00pm-10.00pm - PHOTO OF THE DAY: PURPLE BACKDROP See back page for details.

Grand Atrium (Deck 6) Midship

6.45pm - HEADLINERS THEATRE COMPANY PRESENTS -**FESTIVAL**

See front page for details.

Headliners Theatre (Decks 6 & 7) Forward



7.00pm - SHAUN LEANE TALK

Shaun Leane is renowned for its silver fine jewellery with a timeless elegance, epitomising a modern romance. Find out more about this collection today.

Fine Jewellery Boutique (Deck 7) Midship

7.00pm - GIMME BROWS PRESENTATION

Transform your brows with the latest brow revolutionising products from our top brands. Come learn the best tips and tricks and find out what shape best suits your face and how to easily create effortless brows at home.

Skincare & Beauty Boutique (Deck 7) Midship

7.00pm - THE 710 CLUB - ON THE ROCKS

'My vision for On the Rocks was to recreate your rock

favourites with an intimate, edgy spin' - Gary Barlow, Music Director. Spaces in The 710 Club are limited. Please book in advance using

My Holiday. Make sure you arrive before the performance begins to quarantee your booking - as seating is first come, first served. The doors will open half an hour before the performance starts, so order a drink and enjoy the live music experience.

The 710 Club (Deck 6) Midship

7.00pm-10.00pm – SUNSET SOUNDS WITH DJ FROX

Head to the Sunset Bar to catch DJ Frox under the stars. Sunset Bar (Deck 8) Aft

7.15pm-8.00pm - COCKTAIL PIANIST - GABRIEL

Sit back, relax and enjoy some all-time musical favourites. Amber Lounge (Deck 6) Midship

7.30pm - VOCALIST - DANIEL EAST

See front page for details.

SkyDome (Decks 16 & 17) Midship

From 7.30pm



Buy your Bingo tickets tonight and get 3 extra chances free to win the Mega-Jackpot on tomorrow's Bingo when you purchase 'Canoe for Two' or 'Dive Right In' packages. Additionally, purchasing 'Canoe for Two' will get you a free £2 Scratch Card. Avoid the queues and get your tickets early.

Casino (Deck 7) Forward

8.00pm - BRODIE'S CHALLENGE

A pre-dinner or pre-show quiz with the Entertainment Team to get you ready for this evening's events.

Brodie's (Deck 7) Forward

8.00pm - HAND BAG EXTRAVAGANZA

Join us and experience our amazing selection of pre-loved luxury bags, as well as some of the most popular designer names such as Mulberry, Marc Jacobs, Hobo, Radley, Ted Baker and more. Special offer for those who attend.

Ladies' Fashion (Deck 7) Midship

8.00pm-11.45pm - GOLD WITH PARTY BAND, PULSE

See front page for details.

The Club House (Deck 8) Aft

8.30pm - HEADLINERS THEATRE COMPANY PRESENTS -**FESTIVAL**

See front page for details.

Headliners Theatre (Decks 6 & 7) Forward

8.30pm-9.15pm - COCKTAIL PIANIST - GABRIEL

Enjoy a tipple and a tune.

Amber Lounge (Deck 6) Midship

8.45pm - THE 710 CLUB - ON THE ROCKS

See 7.00pm for details.

The 710 Club (Deck 6) Midship



9.00pm - VOCALIST - DANIEL EAST

See front page for details.

SkyDome (Decks 16 & 17) Midship

9.15pm-10.00pm - MUSICAL DIRECTOR SIMON BROOKES

Arvia's Musical Director takes to the piano for one night only playing all your musical favourites.

The Crow's Nest (Deck 17) Forward

9.30pm - AN EVENING AT THE RACES

See sidebar for details.

Brodie's (Deck 7) Forward

9.45pm-10.30pm - COCKTAIL PIANIST - GABRIEL

Music at the heart of the ship.

Amber Lounge (Deck 6) Midship

10.15pm-11.00pm - MUSICAL DIRECTOR SIMON BROOKES See 9.15pm for details.

The Crow's Nest (Deck 17) Forward

10.30pm - HEADLINERS THEATRE COMPANY PRESENTS - FESTIVAL

See front page for details.

Headliners Theatre (Decks 6 & 7) Forward



10.30pm - VOCALIST - DANIEL EAST

See front page for details.

SkyDome (Decks 16 & 17) Midship

10.30pm - THE 710 CLUB - ON THE ROCKS

See 7.00pm for details.

The 710 Club (Deck 6) Midship



10.30pm-11.00pm - THE LIMELIGHTS

See back page for details.

The Limelight Club (Deck 6) Forward

11.15pm-Midnight - MUSICAL DIRECTOR SIMON BROOKES A final chance to see Arvia's Musical Director live at the piano.

The Crow's Nest (Deck 17) Forward

11.15pm-Midnight - THE LIMELIGHTS

See back page for details.

The Limelight Club (Deck 6) Forward

From Midnight

Midnight - LATE NIGHT COMEDY - JOSH ADAMS

See back page for details.

The Club House (Deck 8) Aft

12.15am - THE 710 CLUB - ON THE ROCKS

See 7.00pm for details.

The 710 Club (Deck 6) Midship

12,30am-Late - LATE NIGHT AT THE CLUB HOUSE

After an evening of entertainment the lights turn down and the fun continues into tomorrow. Let the late night DJ rock you as you step into The Club House after-hours party.

The Club House (Deck 8) Aft

Booking your space is necessary via My Holiday or by dialling 7070.

Showing Today At Ocean Studios



Black Panther: Wakanda Forever

Studio 1 - Noon, 3.00pm, 6.00pm & 9.00pm Starring: Letitia Wright, Lupita Nyong'o, Danai Gurira

Rated: 12A

Run Time: 161 minutes

The people of Wakanda fight to protect their home from intervening world powers as they mourn the death of King T'Challa.

Banshees Of Inisherin

Studio 2 - 12.15pm, 3.15pm, 6.15pm & 9.15pm

Starring: Colin Farrell, Brendan Gleeson, Kerry Condon

Rated: 15

Run Time: 114 Minutes

Two lifelong friends find themselves at an impasse when one abruptly ends their relationship with alarming consequences for both of them.



Rumble

Studio 3 - Noon, 2.30pm, 5.30pm & 8.30pm

Starring: Geraldine Viswanathan (voice), Will Arnett (voice), Stephen A. Smith (voice)

Rated: PG

Run Time: 95 minutes

In a world where monster wrestling is a global sport and monsters are superstar athletes. Teenage Winnie seeks to follow in her father's footsteps by coaching a loveable underdog monster into a champion.

% Opening Times SCENE

Nursery - Under 2s 10.00am-Noon & 2.00pm-5.00pm

Night Nursery - 6 Months-4 Years 6.00pm-Midnight Night Nursery Extra Midnight - 2.00am

(Prebook before 9.00pm the day before)

Splashers - 2-4 Years Surfers - 5-8 Years

Scubas - 9-17 Years

2.00pm-5.00pm & 6.00pm-11.00pm

We kindly ask that if you aren't attending your session booking, please unbook to allow others to use this time slot.



An Evening At The Races

Saddle up, it's time to take a trip to the ponies!

Join the casino team in Brodie's for an exciting evening at the races.

Betting books are £20 and are available from the Casino cash desk.

If your horse has eaten their oats and comes in first, you'll be a winner!

9.30pm **Brodie's** (Deck 7) Forward

Shipboard Information

Passports Ashore

Is it a local requirement to take my passport ashore today: No

Ship's Security Notice

In order to prevent unauthorised persons boarding the ship, you are required to carry your 'Cruise Card' with you when going ashore. You will be asked to produce this at the gangway when you leave and return to the ship. Be aware that we have established a secure area around the vessel and our security procedures require that you must be prepared to show your cruise card when entering this area, in addition to showing it to the security staff at the gangway when leaving or boarding the ship. We kindly ask you not to accept and bring on board any parcels or packages from strangers. Before boarding the ship, you may also be asked by our Security Staff to open parcels or handbags which you are carrying. We are sure that you will appreciate that this security is in the best interest of all concerned.

Going Ashore In Spain

Whilst the majority of COVID protocols have been lifted by the Spanish authorities, masks are still required to be worn when in hospitals and pharmacies.

Please note that when we call into ports in mainland Spain and Spanish waters, select dining cover charges and all items purchased from the bars whilst we are in port, including wine with meals and room service beverages will be subject to Spanish value added to at the case of 10%. Our added to a disclosure of the case of 10% of the case of Spanish value added tax at the rate of 10%. Our prices are displayed exclusive of this tax which will be charged in addition and will be itemised on your receipt.

King's Coronation Decorations

For those who wish to independently decorate their cabins, we kindly request that no bunting is placed on balconies to avoid environmental risk of them being

At 10.00am this morning, alarms will be sounded and broadcasts made as the crew are exercised in their Emergency Duties. During this exercise, limited guest services will be provided. Part of this exercise involves checking guest cabins to ensure that they have been evacuated. If you would prefer not to be disturbed, please display the 'I'm resting' notice prior to the start of the drill. Guests are strongly encouraged to broaden their knowledge of maritime safety by watching the safety program which is available on your in-cabin TV.

Shuttle Bus Service



A chargeable shuttle bus will be in operation today between Arvia and Plaza Prta Del Mar.

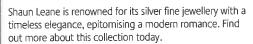
- ▶ This service will commence 15 minutes after the arrival clearance announcement.
- ▶ The transfer time is approximately 10-15 minutes each way and is subject to local traffic conditions on the day, during peak periods you will experience a queue for the shuttle bus.
- ▶ A limited wheelchair accessible service will be available.
- ▶ The last shuttle bus will depart from Plaza Prta Del Mar at 4.30pm. Please bear in mind that the last shuttle buses may be in high demand and we ask you to consider this when planning your day.

There is no need to purchase tickets as we will scan your cruise card when boarding. A maximum of two journeys will be charged; each additional journey will be free of charge.

This service is free for P&O Cruises Select Fare Guests.

One way - Adult £5 | Child £2.50

Shaun Leane Jewellery Presentation



7.00pm Fine Jewellery Boutique (Deck 7) Midship



Late Night Comedy -Josh Adams

Josh returns with a completey different show. Our Late Night Comedy is for an adult audience and will contain material that pushes the boundaries. Please consider this if you are planning to come along.





Feel the buzz in The Limelight Club

As we unlock the doors for late night Limelight, join our amazing band as they change up the atmosphere with live music to boost your energy. No bookings are required.

> 10.30pm-11.00pm & 11.15pm-Midnight The Limelight Club (Deck 6) Forward

From light bites to a full English, this buzzing gastropub has what you need to start your day right.

Make your reservation via My Holiday. Dishes priced individually.

11.30am-9.30pm The Keel and Cow (Deck 8) Atrium



Recommended La Spezia Shore Experience

Introduction To Florence

The Piazza del Duomo holds three beautiful buildings, which complement one another perfectly. The Campanile and the Baptistery are set aside the truly stunning Cathedral (exterior visit only). Admire the Fountain of Neptune, Donatello's 'Judith and Holophernes', and a copy of Michelangelo's 'David' amongst other fine works in Signoria.

8.00am-10.00pm & 5.00pm-7.00pm Shore Experiences (Deck 7) Aft



Ladies' Spa Night

Join us for a social gathering to learn how to exfoliate your body, how to take care of your skin and how to take care of your hair whilst relaxing in our beautiful Thermal Suite, with the use of our ELEMIS Lime and Ginger, Facial products and Frangipani Oil. Free taster massage to all quest who attend two hour event for only £59.





Experience The Magic Of The Mediterranean

Ancient architecture, bustling markets, mouth-watering food - The Med is full of history and culture. Book an applicable Select Price holiday on board from £1129pp and sail away for 14 nights with Arvia. Plus, we'll give you up to £100 extra on-board spending money per cabin. Visit us today. T&Cs apply.

8.00am-10.00am & 4.00pm-8.00pm Loyalty & Cruise Sales (Deck 7) Aft



Wildlife Artwork Exhibition

Take a walk on the wild side with Whitewall Galleries this evening as they showcase a special display of wildlife themed artwork and sculpture. With artwork from celebrated masters of the genre on display as well as emerging masters you never know what you might find around the corner this evening.

6.00pm-10.00pm Whitewall Art Gallery (Deck 6) Forward



Photo of the Day: Purple Backdrop

Tonight's portrait is the best opportunity to have an intimate family photo or update your headshot with our Beauty Studio.

6.00pm-10.00pm Grand Atrium (Deck 6) Midship



THE GOLD STANDARD OF SUCCESS.

GOLDFINGER

6.00pm-Late Casino (Deck 7) Forward



Restaurant Opening Times

Log into My Holiday to make your dining reservations for today. If you're in a virtual queue, please don't leave the web page or switch on your data as this may cause you to lose your place in the queue and not receive a 'table is ready' notification.

Inclusive Dining

Horizon	Restaurant	(Deck 16)	Δft
HOHZOH	restaurant	DECK 10	MIL

Breakfast	6.30am	-	11.00am
Lunch .	Noon	-	3.00pm
Afternoon Tea	3.00pm	-	5.00pm
Children's Tea (Port Side)	5.00pm	-	5.45pm
Dinner	6.00pm	-	9.30pm
Late Snacks	11.00pm	-	1.30am

The Quays (Deck 8) Aft

The Quays (Been of the			
Breakfast	7.00am 🗸	-	10.00am
All Day Dining /	Noon		9.30pm
Taste 360 (Deck 16) Midship	11.00am	÷	7.00pm

Join the virtual queue using My Holiday for the four below venues. You can also book a table between 5.30pm-6.00pm.

Meridian Restaurant (Deck 6) Aft

Breakfast	7.30am	-	9.30am
Lunch	Noon	-	1.30pm
Dinner	5.30pm	-	9.30pm
Zenith Restaurant (Deck 7) Aft			
Breakfast	7.30am	-	9.30am
Dinner	5.30pm	-	9.30pm
The 6th Street Diner (Deck 6) Aft			
Brunch	Noon	-	2.00pm
Dinner	5.30pm	-	9.30pm
The Olive Grove (Deck 6) Aft	5.30pm	-	9.30pm

Speciality Restaurants

Join The Virtual Queue Using My Holiday The Keel and Cow (Deck 8) Atrium*

The Keel and Cow (Deck 8) Atrium			
Breakfast	7.30am	-	9.30am
All Day Dining	11.30am	-	9.30pm
The Glass House (Deck 7) Atrium*	11.00am	-	11.00ргг
Booking Required Using My Hoiliday			

Green & Co feat. Mizuhana (Deck 8) Aft* Noon 9.30pm Sindhu (Deck 8) Midship* 6.00pm 9.30pm The Beach House (Leck 16) Midship* 6.00pm 9.30pm Epicurean (Deck 17) Forward* 6.00pm 9.30pm The Limelight Club (Deck 6) Forward* 7.00pm 10.30pm

Sundaes Ice Cream (Deck 16) Forward*	9.00am		11.00pm	
Ripples (Deck 8) Midship*	10.30am	-	9.30pm	
Room Service* - Dial 5000	Availabl	Available 24 Hours		
*Charges/Cover Charges apply.				

Bar Opening Times

Vistas Café Bar (Deck 6) Atrium:	7.00am	-	11.00pm
Food available	7.00am	-	5.00pm
Table service	11.00am	-	11.00pm
Infinity Bar (Deck 16) Aft*	7.30am	-	9.30pm
Sunset Bar (Deck 8) Aft*	9.00am	-	10.00pm
Beachcomber Bar (Deck 18) Forward*	10.00am	-	7.30pm
Panorama Bar (Deck 18) Aft*	10.00am	-	7.30pm
Crystal Bar (Deck 16) Midship	10.00am	-	11.30pm
Laguna Bar (Deck 16) Midship	10.00am	-	11.30pm
Sky Bar (Deck 17) Midship	10.00am	-	11.30pm
Amber Lounge (Deck 6) Atrium	10.00am	-	Midnight
Brodie's (Deck 7) Forward	10.00pm	-	Late
The Glass House (Deck 7) Atrium	11.00am	-	11.00pm
The Keel and Cow (Deck 8) Atrium	11.00am	-	11.00pm
Sindhu Bar (Deck 8) Midship	11.00am	-	11.00pm
Anderson's Bar (Deck 6) Midship	4.30pm	-	11.00pm
The Crow's Nest (Deck 17) Forward	5.00pm	-	Midnight
The Club House (Deck 8) Aft	7.00pm	-	Late
The 710 Club (Deck 6) Atrium	7.00pm	-	Late
The Limelight Club (Deck 6) Forward	10.30pm	-	Midnight

All bars are proud to serve Costa coffee.

Guests under the legal drinking age will not be served alcoholic beverages nor are they to consume alcoholic beverages. Please understand that you may be requested to show proof of age.

^{*} Weather Permitting

Discover More On Board...



Swimming Pools

8.00am-8.00pm (SkyDome Pool closes at 7.00pm)

Whirlpools

8.00am-8.00pm

Oasis Gym (Deck 5) Forward

7.00am-7.00pm

Oasis Spa & Health Club (Deck 6) Forward, Tel: 7070

8.00am-6.00pm

Oasis Hydrotherapy Suite (Deck 5) Forward

To book your relaxation session, visit the Oasis Spa reception or dial 7070. 8.00am-8.00pm

The Retreat (Deck 18) Forward

Daily passes available, visit the Oasis Spa reception or dial 7070. 8.00am-8.00pm

Shore Experiences (Deck 7) Aft

Come and speak to the team this morning for any advice on how to spend your day ashore today.

8.00am-10.00am & 5.00pm-7.00pm

Loyalty & Cruise Sales (Deck 7) Aft

8.00am-10.00am & 4.00pm-8.00pm

Whitewall Art Gallery (Deck 6) Forward

6.00pm-10.00pm

Photo Gallery (Deck 7) Aft

6.00pm-10.00pm

Casino Tables & Slots (Deck 7) Forward

30 Minutes After Sailing-Late

The Sports Hub (Deck 17) Aft, Starboard Side

1.30pm-5.00pm

Altitude Skywalk (Deck 19) Aft

Subject to weather conditions, sessions can be booked through My Holiday or by visiting deck 19 in person during opening hours. Charges apply - Adult £7.50, Children £2.50.

Noon-5.00pm

Altitude Minigolf (Deck 19) Aft

9.00am-10.00pm

Mission Control (Deck 6) Midship

Sessions can be booked through My Holiday. Charges apply - Adults £20, Children £10.

Shopping On Board



Swarovski At The Harbour Shop (Deck 6) Atrium

30 Minutes After Sailing-11.00pm

Market Place (Deck 7) Midship

30 Minutes After Sailing-10.00pm

Avenue Shopping (Deck 7) Midship

30 Minutes After Sailing-11.00pm

Promenade Shop (Deck 8) Atrium

30 Minutes After Sailing-11.00pm

Shipboard Services



Reception (Deck 7) Midship is open 24 hours a day and can be contacted by dialling 7070 from any of the ship's telephones.

My Holiday Assistance Line - Dial 7070 from any of the ship's telephones. 8.00am-7.00pm

My Holiday Assistance Podiums - Grand Atrium (Deck 7) Midship 11.00am-3.00pm

Voicemail - If you have a red light on your cabin phone, you can listen to your message by dialing 9801.

Medical Centre - Please 8880 to make an appointment. The appointment line is available from 8.00am-10.30am & 3.00pm-6.00pm. For any medical emergency, please dial 999.